

# G-Allen's

RESTAURANT & SPORTS BAR

EST. 2004

## Lunch Menu

NEW MENU ITEM



HOUSE SPECIALTY

### WRAPS

*All of our items are prepared with fresh lettuce and fixings.  
Served with your choice of Fries, Coleslaw or Potato Salad.  
Make it G-Strings or Waffle Fries for only \$1.50 more.*

#### *Chicken Pesto*

Grilled chicken, bacon, roasted red peppers, lettuce, mixed cheese and pesto mayo. **8<sup>99</sup>**

#### *Roadhouse*

Sliced steak, swiss cheese, chipotle mayo, diced jalapenos, lettuce sauteed onions and peppers. **8<sup>99</sup>**



#### *Buffalo Chicken*

Chicken tenders tossed in buffalo sauce, tomatoes, olives, red onions, lettuce and mixed cheese. Served with chipotle ranch dressing. **8<sup>99</sup>**

#### *Club*

Sliced ham, turkey, bacon, lettuce, tomatoes, mayo, and mixed cheese. **8<sup>99</sup>**

#### *Chicken Caesar*

Grilled chicken, romaine lettuce, parmesan cheese, tomatoes, croutons and caesar dressing. **7<sup>99</sup>**



#### *Chicken Avocado*

Grilled chicken, mixed cheese, cucumbers, bacon, lettuce and tomatoes. Tossed in avocado ranch dressing. **8<sup>99</sup>**

#### *Turkey-Bacon-Ranch*

Ranch dressing with bacon, sliced turkey, tomatoes, lettuce and mixed cheese. **7<sup>99</sup>**

#### *South Western*

Crunchy chicken tenders, pico de gallo, chipotle mayonnaise, lettuce and mixed cheese. **7<sup>99</sup>**

### SALADS

*All salads are made using fresh lettuce and fixings.  
Served with a corn bread muffin.*

#### *1/2 Chicken Caesar Salad*

A 4oz. grilled chicken breast on romaine lettuce, topped with parmesan cheese, tomatoes, croutons and caesar dressing. **5<sup>99</sup>**

#### *1/2 Buffalo Chicken Salad*

Chicken tenders tossed in buffalo sauce, tomatoes, olives and red onions. Served with bleu cheese dressing. **6<sup>99</sup>**

### FRESH GROUND BURGERS

*A 1/3 pound of delicious beef is cooked to medium well to make one of these savory creations. Served with lettuce, tomato and dill pickle chips.*

*Served with the choice are Fries, Coleslaw or Potato Salad. Make it G-Strings or Waffle Fries for only \$1.50*

#### *The Crave*



This is our Executive Chef, Kris Carver's favorite burger. G-Strings, A-1 thick and hearty steak sauce, swiss cheese, and G-sauce. **7<sup>99</sup>**



#### *Trav's burger*

Mozzarella, roasted red peppers and garlic mayonnaise **7<sup>99</sup>**

#### *Bleu Cheese*

Sautéed onions and bleu cheese crumbles. **7<sup>99</sup>**

#### *Mushroom-n-Swiss*

Sautéed mushrooms and melted swiss cheese. **7<sup>99</sup>**

#### *Bacon Cheeseburger*

Bacon and american cheese top this classic. **6<sup>99</sup>**

#### *Baja Pepper-Jack*

Bacon and pepper-jack cheese. Topped with pico de gallo and guacamole. **8<sup>99</sup>**

#### *Patty Melt*

Sautéed onions, american and swiss cheese Served on grilled marble rye. **7<sup>99</sup>**

#### *Hamburger*

1/3 pound of choice beef. **5<sup>99</sup>**

#### *Garden*

A vegetarian option. Soy patty, sautéed mushrooms, sautéed onions, american and swiss cheese. **8<sup>99</sup>**



#### *SmokeHouse*

Bacon, barbecue sauce, pepper-jack cheese, G-strings and topped with coleslaw. **8<sup>99</sup>**

## SANDWICHES

*All the favorites to satisfy everyone.*

*Served with a Pickle Spear and the choice of Fries, Coleslaw or Potato Salad.  
Make it G-Strings or Waffle Fries for only \$1.50 more. Add salad bar for \$2.59.*

### *The D-Lish*

Cajun spiced chicken breast, jalapenos, bacon and pepper-jack cheese. Served with lettuce and tomato on a toasted bun. **9<sup>99</sup>**

### *Chicken Artichoke Melt*

A grilled chicken breast on grilled wheat bread with our spinach artichoke dip and swiss cheese. **9<sup>99</sup>**

### *Chicken Cordon Bleu*

Breaded chicken breast, ham and swiss cheese on a toasted bun. Served with lettuce, tomato and honey mustard. **8<sup>99</sup>**

### *B.L.T.*

Served on white toast with a side of mayonnaise. **6<sup>99</sup>**

### *Chicken-Bacon-Ranch*

Breaded chicken breast, bacon, ranch dressing, lettuce and tomato on a toasted bun. **8<sup>99</sup>**

### *Chicken Bruschetta Melt*

Grilled chicken breast with our own tomato bruschetta and mozzarella cheese on grilled focaccia bread. **9<sup>99</sup>**

### *Grilled Chicken Breast*

Served on a toasted bun with a side of mayonnaise, lettuce and tomato. **7<sup>99</sup>**

### *Buffalo Chicken*

Breaded chicken breast tossed in buffalo sauce on a toasted bun. Served with lettuce, tomato and bleu cheese. **8<sup>99</sup>**

### *Turkey Pesto Melt*

Sliced turkey, bacon, mozzarella, roasted red peppers, and pesto mayonnaise. Stuffed between two pieces of grilled white bread. **8<sup>99</sup>**

### *Pulled Pork*

Slow smoked right here. Topped with our signature BBQ sauce. **7<sup>99</sup>**

### *Chicken Club*

Grilled chicken breast, lettuce, tomato, bacon, american cheese, turkey slices and red pepper mayonnaise on wheat toast. **9<sup>99</sup>**

### *Philly*

Tender beef, roasted peppers, onions, chipotle mayonnaise and swiss cheese on a toasted hoagie bun. **8<sup>99</sup>**

### *French Dip*

Sliced slow roasted beef with sautéed onions, sautéed mushrooms, melted swiss cheese and garlic mayo on a toasted hoagie bun.

### *Fish Filet*

Battered cod filet with american cheese on a toasted hoagie bun. Served with tartar sauce. **8<sup>99</sup>**

Served with a side of au jus. **9<sup>99</sup>**

### *Reuben*

Corned beef, sauerkraut, thousand island dressing and swiss cheese on grilled marble rye. **8<sup>99</sup>**

## HOT LUNCH/SALAD BAR

*We pride ourselves on originality and pleasing all of our customers. Our Salad Bar with a Hot Daily Special has everything from lettuce with all the fixings to pasta salads and desserts.*

*The Salad Bar with Daily Specials are listed below.*

*Or for \$2.59 you can have the Salad Bar portion added to any sandwich.*

### **HOT LUNCH SPECIAL 7<sup>99</sup> Everyday 11am to 2pm**

#### MONDAY

Broasted Chicken

#### TUESDAY

Pizza

#### WEDNESDAY

Broasted Chicken

#### THURSDAY

Burger Bar

#### FRIDAY

Broasted Chicken

## 6 FOR UNDER \$6

*Something delicious for under \$6.00*

*Side choices for select sandwiches are Fries, Coleslaw or Potato Salad.  
Make it G-Strings or Waffle Fries for select sandwiches only \$1.50 more.*

### *Italian Chicken*

Breaded chicken tenders topped with marinara and melted mozzarella cheese on a toasted bun. Served with choice of side. **5<sup>99</sup>**

### *Hot Ham & Swiss*

Smoked ham and melted swiss cheese served on grilled white bread. Served with choice of side. **5<sup>99</sup>**

### *Soup N' Sandwich*

Soup and half sandwich served on wheat bread with lettuce, tomato, cheese, mayo and your choice of ham or turkey. **5<sup>99</sup>**

### *Soup N' Salad*

Have a cup of our homemade soup and a side salad. **5<sup>99</sup>**

### *Grilled Cheese*

The name says it all. Served with choice of side. **4<sup>99</sup>**

### *Chicken Strip Basket*

Breaded chicken tenders, Served with side of BBQ sauce  
Choice of side. **5<sup>99</sup>**